



Last name: **BOND** First name: **JAMES**

<i>ID code:</i> 1	<i>Test number:</i> 1	<i>Barometric press. (mmHg):</i> 737
<i>Sex:</i> M	<i>Test date:</i> 08/08/2001	<i>Temperature (degrees C):</i> 27
<i>Age:</i> 34	<i>Test time:</i> 11:43	<i>STPD:</i> 0.799
<i>Height (cm):</i> 195.0	<i>N. of steps:</i> 64	<i>BTPS insp:</i> 1.087
<i>Weight (Kg):</i> 93.0	<i>Duration (hh:mm:ss):</i> 00:16:00	<i>BTPS exp:</i> 1.020
<i>HR max (bpm):</i> 188	<i>BSA (m²):</i> 2.2	<i>BMI (Kg/m²):</i> 24.4

Parameter	Rest	Pred.	% Pred.	BMI Statements	
Time (mm:ss)	10:00	10:00	100.0%	Underweight	<18.5
RMR (Kcal/day)	1982.7	2091.3	94.8%	Normal	18.5-24.9
R (---)	0.82	0.85	97.1%	Overweight	25.0-29.9
VO2 (ml/min)	287	325	88.3%	Obesity class I	30.0-34.9
VCO2 (ml/min)	237	276	85.6%	Obesity class II	35.0-39.9
Rf (b/min)	13.7	12.0	114.5%	Obesity class III	>=40
VE (l/min)	9.0	6.0	151.3%		
HR (bpm)	57				
FAT% (%)	49.2				
CHO% (%)	33.7				
BMI (Kg/m ²)	24.4	Normal			

